



GIRLS LACROSSE HANDBOOK

2019



SECTION V GIRLS LACROSSE

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SECTION V GIRLS LACROSSE

2019 CALENDAR

- Last Play Date: Thursday 5/16
- Seedings Announced: Friday 5/17
- Pre-Quarter Games: Saturday 5/18 11 AM (Set time is due to possible prom conflicts)
- Quarterfinals: Class A/C Monday 5/20 Tuesday Class B/D 5/21 (@ Higher Seed)
- Semifinals: Class A/C Thursday 5/23 5:00/7:00(Sites: Sutherland, ER, Brighton, TBD)
Class B/D Friday 5/24 5:00/7:00 (Sites: Sutherland, ER, Brighton, TBD)
- Finals: All Finals will be played on Wednesday 5/29 at two close sites starting at 5:00 and 7:00 (game times will be TBD to assure that boys and girls teams from same school are not playing at the same time). (Sites: Sutherland, Brighton, TBD)
- Regionals: Saturday June 1st @ Williamsville North (We will be using 2 fields at once with games starting approximately 30 minutes apart) Times TBD
- States: Semifinals Friday June 7th Beginning at 9 AM Cortland State (D, A, B, C)
Finals Saturday June 8th Beginning at 9 AM Cortland State (D, A, B, C)

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Rule Updates and Changes

2-7-3: Requires all headgear to be worn properly and securely affixed with the chinstrap in place as intended for use.

Rationale: Ensures appropriate wearing of headgear, minimizing the risk of injury.

2-9-2: Adds the option of white bottoms by the goalkeeper.

Rationale: Aligns the goalkeeper's uniform with the undergarment color options.

3-7-2d: Requires the horn to sound twice to indicate a time-out.

Rationale: Differentiates between the horn for time out and other horns.

4-8-1, 4-8-2 NEW, 4-8-3c: Establishes the release of the ball from the crosse before time expires as a legal shot.

Rationale: Eases the determination of a legal shot when time is expiring.

5-1-1; 5-1-3; 5-2 PENALTIES; 5-4-1 thru 4 NEW; 6-3-1a, c; 6-3-2a; 9-1-1c(3); 13 NEW: Establishes the specific allowances for restarting play with a self-start.

Rationale: Decreases the amount of official involvement in restarting play and allows for greater flow of the game.

5-4-3b: Establishes alternate possession in the critical scoring area is awarded at the closest dot.

Rationale: Simplifies the administration of alternate possession in the critical scoring area.

7 PENALTIES 1: Moves the administration of goal circle fouls to the dot.

Rationale: Eases administration of goal circle fouls and minimizes the risk of injury.

10-1-1 PENALTIES 3c, e; 13 NEW: Establishes a penalty zone that must be cleared when a major foul by a defensive player occurs in the 8-meter arc.

Rationale: Increasing safety around 8-meter free position.

10-1-1 PENALTIES 3 NOTE: Establishes specific allowance to the placement of defensive players ball-side on the adjacent hash for an 8-meter free position.

Rationale: Increases the flow of the game by eliminating delays while players compete for the inside position.

12-8-1 EJECTION PENALTIES 3: Establishes that an ejected player receiving a red card may be prohibited from attending the next game per state association administration if in attendance at the next game

Rationale: Clarifies state administrative options for ejections.

2019 Girls Lacrosse Editorial Changes

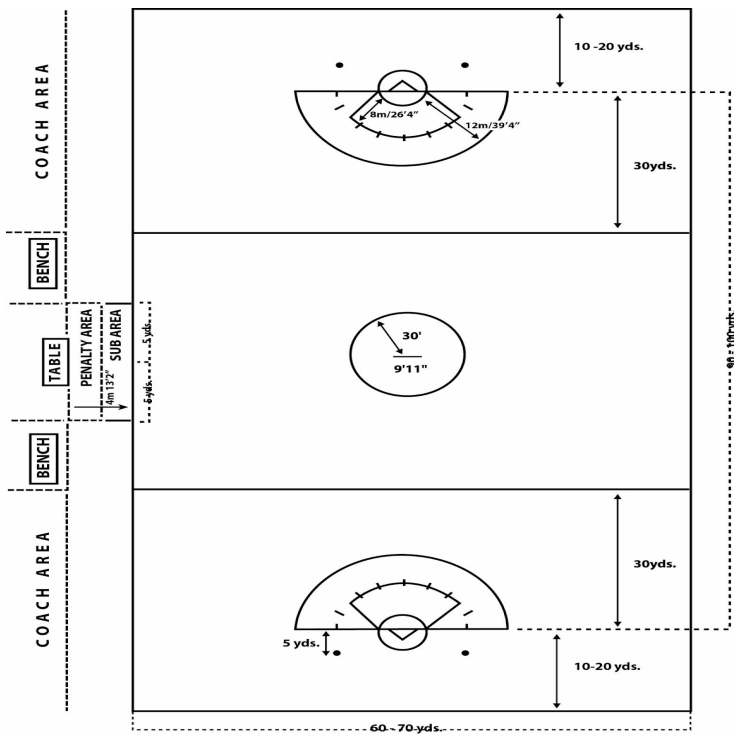
2-4-3c; 2-6-1; 3-5-1; 4-6-1; 5-2-3b; 5-2-5; 5-2-5e; 5-2-5 PENALTY; 11; 12-8-1; 13 DEFINITION OF TERMS – EJECTED PLAYER, RUNNING CLOCK; Appendix B-8; Appendix B 19-20; Appendix B-20; Appendix B-21

2019 Girls Lacrosse Points of Emphasis

1. Obstruction of Free Space to Goal – Opportunity to Shoot
2. Rough and Dangerous Play
3. Empty Stick Check – Intentional vs. Incidental Contact

Field Size

The minimum standards of field size must be met in order for a game to be official. Any additional markings (updated in recent rules) on turf fields can be permanent or added by coach/official when necessary. [Field Diagrams](#)



SECTION V GIRLS LACROSSE

Season Standings

Each team may play a maximum of 16 games/season, not counting postseason, sectional and state tournament matches. Any game that is tied at the end of regulation will be decided in overtime according to the US Lacrosse Rulebook. **It is required that the winning coach text or email the final score in the regular season and all home site sectional games to [glaxfive.net](mailto:kbarrett@glaxfive.net) (kbarrett@glaxfive.net) or 585.613.5562.**

Additional numbers to call include:

Democrat and Chronicle: 585.258.2753

Finger Lakes Times: 315.789.3333

Seeding Points

Glaxfive.net will be used throughout the 2018-2020 seasons to seed the Section V tournament using the following:

Seeding points are earned based on the final Win/Loss record of each opponent. Each team's Win/Loss record is expressed as a percentage and given a point value. Teams with over 75% wins are given a 10 point value for a win (4 points for a loss), teams over 50% and under 75% are given an 8/3 value, teams over 25% and under 50% are given a 6/2 value, and teams under 25% are given a 4/1 value. After totaling the points from your games the sum is divided by the total number of games played to give an average point value. These averages are ranked against all other opponents in your Class to determine your seed.

For further information and details please follow this link: [Glax 5 Power Ranking System](#)

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Section V Tournament

The Section V Girls Lacrosse Championship tournament will be an open, single elimination tournament. There will be championships for Class A, B, C and D. Pre-Quarterfinals and Quarterfinal matchups will be hosted by the higher seed. All Semifinal and Final games will be at selected hosts sites.

All Game Sites Should Provide:

- Bathroom facilities must be on site or within a reasonable distance of the field and accessible.
- The host school is responsible for lining the field according to US Lacrosse and Section V Girls Lacrosse Handbook (The lead official will communicate with the site supervisor regarding any field concerns prior to the game).
- The host school is to check nets and cages before each game to make sure they are legal and game ready. The host school will make sure there is a timer during the game. The higher seed is the official scorer and should supply all games with game balls until Regional Play.

Pre Game Warm Ups

- Teams can begin entering the bench area for initial stick check no sooner than 45 minutes prior to the game. Warm Ups will begin exactly 30 minutes (20 minutes on the clock) prior to the start of the game. **20 minutes (30 Minutes Prior to the start)** will be placed on the clock for uninterrupted warm ups. Captains, Final Stick Checks and Introductions will begin 10 minutes prior to the start of the game.

The Host Team for Pre-Quarter and Quarter Final play

- Must provide a site supervisor and the appropriate numbers of supervisors for the spectators (Section V will cover cost of ticket takers and 2 Supervisors)
- A scorekeeper, timekeeper
- The means to display both score and time
- Winning Coach must call in or email scores to glaxfive (kbarrett@glaxfive.net or 585.613.5562

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Section V Tournament (cont.)

Semifinal and Championship Round

- Higher seed provides game balls
- Higher seed has the "home" designated bench area (the bench area that the home school uses at that site) Supervisor will direct coach/players to appropriate bench
- It is suggested that each participating school have at least one supervisor present at the game other than the coach
- The winning coach must text Jeff Onze (585.727.3722) with the results of the game immediately following the game
- Site Rep from committee will serve as mediator in event of an in game protest including both the site committee rep, committee chair and coaches rep (team currently not in sectionals or this particular class)

Vouchers

Vouchers for officials will be on the web-site for the referees to fill out, once submitted a copy will be sent to Jackie Meyer, Jeff Onze, and a confirmation will be sent to the official. Section V Vouchers will be at the game for all other personnel. If for some reason vouchers are not available make a list of all details and the chairman will make out the voucher. All money and extra tickets shall be returned to the Section V Treasurer. All site vouchers will be mailed by the host school to:

**Section V Treasurer Jackie Meyer
131 Drumlin Court Maple Building
Newark, New York 14513**

Tickets/Admissions

- **ADMISSION TICKETS WILL BE SOLD AT ALL GAMES! PRE-SALE TICKETS WILL NOT BE SOLD! ALL TICKETS WILL BE SOLD AT THE GAME SITE! 8. STUDENT AND ADULT TICKETS**
- \$5.00 These prices are for Section V – Girls' Lacrosse Contests from the first round through the finals. Section V reserves the right to increase the price for the State play-down (Regional) contests. Please publicize admission costs to spectators prior to their arrival at the game site.

SECTION V GIRLS LACROSSE

Awards

Team Recognition

- The winning team will receive a Section V Block and each individual on the winning team will receive a patch and gold medal.
- Members of the Runner up team will receive a runner up medal
- Number of awards will be based on most recent roster submitted up to 28

All Tournament Selections

- Selections will be made by coaches for their team representatives with final approval coming from committee (A Player Receiving a Red Card is ineligible)
 - Champions = 4 Players
 - Runner Up = 3 Players
 - Semi Finalist = 1 Player

Coach of the Year

- Prior to the start of semifinals all coaches will receive a shared document for voting in their class and league. The four semi finalist coaches will eligible to receive the award based on their peers in both their league and classification. Coach of the year will be recognized at the same time as All Tournament Selection.

Team Sportsmanship

- Each season our local officials select a team that embodies good sportsmanship and a positive attitude throughout the entire season. The team receiving the award will receive the recognition prior to the awards being handed out in that teams respective classification.